

NOVEMBER 2018

Fremont Elementary School

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know...

Scorpio and Sagittarius are the astrological signs for November. Birthdays from November 1st through the 21st fall under the Scorpio sign. November 22nd through November 30th birthdays fall under the sign of Sagittarius.

Fruit Frudel or Cereal **5**

Super Nacho's,
Black Beans, Fresh
Fruit & Veggies

Mini Pancakes or Cereal **6**

Little Caesar's Pizza,
Hot Veggie, Fresh
Fruit & Veggies

Pancake on a Stick or Cereal **7**

Corn Dog, French
Fries, Cottage
Cheese, Fresh Fruit
and Veggies

French Toast Sticks w/
Sausage or Cereal **8**

Grandparents Day:
Turkey w/ Gravy, Mashed
Potatoes, Green Beans,
Cranberry Sauce &
Pumpkin Pie

2

No School!
Enjoy the
weekend!

9

No School!
Enjoy the
weekend!

Muffin or Cereal **12**

Cheesy Chicken &
Rice, Broccoli, Fresh
Fruit & Veggies

Baked Bread or Cereal **13**

Papa John's Pizza,
Hot Veggie, Fresh
Fruit & Veggies

Waffles or Cereal **14**

Salisbury Steak
w/Brown Gravy,
Mashed Potatoes,
Roll, Fresh Fruit &
Veggies

French Toast or Cereal **15**

Meatball
Sandwiches, Baked
Beans, Tater Tots,
Fresh Fruit &
Veggies

16

No School!
Enjoy the
weekend!

19

No School!
Thanksgiving
Break!

20

No School!
Thanksgiving
Break!

21

No School!
Thanksgiving
Break!

22

Happy
Thanksgiving
Day!

23

No School!
Enjoy the
weekend!

French Toast or Cereal **26**

Pasta w/ Meatsauce,
Breadstick, Fresh
Fruit & Veggies

UBR Bar or Cereal **27**

Papa John's Pizza,
Hot Veggie, Fresh
Fruit & Veggies

Breakfast Pizza or Cereal **28**

Hamburger
w/County Gravy,
Mashed Potatoes,
Roll, Fresh Fruit &
Veggies

Breakfast Burrito or Cereal **29**

Grilled Cheese
Sandwich & Tomato
Soup, Garbanzo
Beans, Fresh Fruit &
Veggies

30

No School!
Enjoy the
weekend!

Meal Prices

K-5 Breakfast	\$1.25
6-12 Breakfast	\$1.50
Student Lunch	\$2.35
Adult Lunch	\$3.25

Free and Reduced pricing is available. Applications are available in the office

Alternative Entrée offered daily!

Choice of Milk, Fresh Fruit and Veggies served daily

School News

Reminder: There will be no school November 19-23 in observance of Thanksgiving Day.

Please join us for Grandparents day on November 8th. Cost is \$3.25 per meal for non-students

Online payments are available. See your parent portal for details

Questions or Concerns? Please call your school manager: Tandi Lyons at 719-784-6303 Ext 2507

This institution is an equal opportunity provider