

JANUARY 2019

Fremont Elementary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Meal Prices

K-5 Breakfast	\$1.25
6-12 Breakfast	\$1.50
Student Lunch	\$2.35
Adult Lunch	\$3.25

Menu Information

Free and Reduced pricing is available. Applications are available in the office or on the school website
Alternative Entrée offered daily!
Monday: Corndog
Tuesday: Yogurt, String Cheese & Roll
Wednesday: Chicken Patty Sandwich
Thursday: Cheeseburger
Choice of Milk, Fresh Fruit and Veggies served daily

School News

Reminder: There will be no school December 24-January 4 for Christmas Break

Online payments are available. See your parent portal for details

Questions or Concerns? Please call your school manager: Tandi Lyons at 719-784-6303 Ext 2507

This institution is an equal opportunity provider

1
No School!
Happy New Year!

2
No School!
Christmas Break!

3
No School!
Christmas Break!

4
No School!
Christmas Break!

7
French Toast or Cereal

Cheesy Chicken & Rice, Broccoli, Fresh Fruit & Veggies

8
UBR Bar or Cereal

Papa John's Pizza, Hot Veggie, Fresh Fruit & Veggies

9
Breakfast Pizza or Cereal

Chicken Fried Steak Fingers, Mashed Potatoes & Gravy, Roll, Fresh Fruit & Veggies

10
Breakfast Burrito or Cereal

BBQ or Hot Chicken Bites, Baked Beans, Fresh Fruit & Veggies

11
No School!
Enjoy the weekend

14
Fruit Frudel or Cereal

Chicken Taco's, Black Beans, , Fresh Fruit & Veggies

15
Mini Pancakes or Cereal

Little Caesar's Pizza, Hot Veggie, Fresh Fruit & Veggies

16
Pancake on a Stick or Cereal

Chicken Nuggets, Mashed Potatoes, Roll, Fresh Fruit & Veggies

17
French Toast Sticks or Cereal

Sloppy Joes, Tater Tots, Fresh Fruit & Veggies

18
No School!
Enjoy the weekend

21
No School!
Enjoy the weekend

22
Baked Bread or Cereal

Papa John's Pizza, Hot Veggie, Fresh Fruit & Veggies

23
Waffles or Cereal

Salisbury Steak w/Brown Gravy, Mashed Potatoes, Roll, Fresh Fruit & Veggies

24
French Toast or Cereal

Cheeseburgers, French Fries, Baked Beans, Fresh Fruit & Veggies

25
No School!
Enjoy the weekend

28
Benefit Bar or Cereal

Super Nacho's, Black Beans, Fresh Fruit & Veggies

29
Begel w/ Cream Cheese or Cereal

Little Caesar's Pizza, Hot Veggie, Fresh Fruit & Veggies

30
Mini Pancakes or Cereal

Chicken Gravy served over Mashed Potatoes, Roll, Fresh Fruit & Veggies

31
Sausage Biscuit Sandwich or Cereal

Chicken Sandwich, Tater Tots, Baked Beans, Fresh Fruit and Veggies

DID YOU KNOW...
January's gem is garnet which represents constancy.