

# FEBRUARY 2019

## Fremont Elementary School

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### DID YOU KNOW...

THE ROMAN MONTH FEBRUARIUS WAS NAMED AFTER THE LATIN TERM FEBRUUM, WHICH MEANS PURIFICATION, VIA THE PURIFICATION RITUAL FEBRUA HELD ON FEBRUARY 15 (FULL MOON) IN THE OLD LUNAR ROMAN CALENDAR.

French Toast or Cereal **4**  
 Chicken Alfredo, Breadstick, Fresh Fruit & Veggies

UBR Bar or Cereal **5**  
 Papa John's Pizza, Hot Veggie, Fresh Fruit & Veggies

Breakfast Pizza or Cereal **6**  
 Hamburger w/County Gravy, Mashed Potatoes, Roll, Fresh Fruit & Veggies

Breakfast Burito or Cereal **7**  
 Pulled Pork Sandwiches, Baked Beans, Fresh Fruit & Veggies

Fruit Frudel or Cereal **11**  
 Beef & Bean Burrito, Black Beans, Fresh Fruit & Veggies

Mini Pancakes or Cereal **12**  
 Little Caesar's Pizza, Hot Veggie, Fresh Fruit & Veggies

Pancake on a Stick or Cereal **13**  
 Chicken Nuggets, Mashed Potatoes & Gravy, Roll, Fresh Fruit & Veggies

French Toast Sticks or Cereal **14**  
 Grilled Cheese Sandwich & Tomato Soup, Garbanzo Beans, Fresh Fruit & Veggies

**18**  
 No School!  
 Enjoy the weekend

Baked Bread or Cereal **19**  
 Papa John's Pizza, Hot Veggie, Fresh Fruit & Veggies

Waffles or Cereal **20**  
 Chicken Fried Steak w/County Gravy, Mashed Potatoes, Roll, Fresh Fruit & Veggies

French Toast or Cereal **21**  
 Chili, Cinnamon Roll, Fresh Fruit & Veggies

Benefit Bar or Cereal **25**  
 Super Nacho's, Black Beans, Fresh Fruit & Veggies

Begel w/ Cream Cheese or Cereal **26**  
 Little Caesar's Pizza, Hot Veggie, Fresh Fruit & Veggies

Mini Pancakes or Cereal **27**  
 Chicken Gravy served over Mashed Potatoes, Roll, Fresh Fruit & Veggies

Sausage Biscuit Sandwich or Cereal **28**  
 Mandarin Orange Chicken over Brown Rice, Oriental Veggies & Fresh Fruit

**1**  
 No School!  
 Enjoy the weekend

**8**  
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 Enjoy the weekend

**15**  
 No School!  
 Enjoy the weekend

**22**  
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### Meal Prices

K-5 Breakfast	\$1.25
6-12 Breakfast	\$1.50
Student Lunch	\$2.35
Adult Lunch	\$3.50

### Menu Information

Free and Reduced pricing is available. Applications are available in the office or on the school website

Alternative Entrée offered daily!  
 Monday: Corndog  
 Tuesday: Chicken Nuggets  
 Wednesday: Pizza  
 Thursday: Yogurt, String Cheese & Roll

Choice of Milk, Fresh Fruit and Veggies served daily

### School News

Reminder: There will be no school February 18<sup>th</sup> in observance of President's Day

Online payments are available. See your parent portal for details

Questions or Concerns? Please call your school manager: Tandi Lyons at 719-784-6303 Ext 2507

This institution is an equal opportunity provider