

JANUARY 2018

FREMONT ELEMENTARY SCHOOL

MONDAY



1

TUESDAY

No School!
Enjoy your
break!

2

WEDNESDAY



3

THURSDAY

No School!
See you on
Monday!

4

FRIDAY

No School!
Enjoy the
weekend!

5

Benefit Bar or Cereal

8

Beef Stroganoff over
egg noodles, Fresh
Fruit & Veggies

Bagel w/Cream Cheese or
Cereal

9

Mandarin Orange
Chicken over Brown
Rice, Oriental
Veggies & Fresh Fruit

Sausage/Biscuit Sandwich or
Cereal

10

Meatloaf w/Brown
Gravy, Mashed
Potatoes, Roll, Fresh
Fruit & Veggies

Mini Pancakes or Cereal

11

Grilled Cheese
Sandwiches, Tomato
Soup, Garbanzo
Beans, Fresh Fruit &
Veggies

No School!
Enjoy the
weekend!

12

Poptart Pastry or Cereal

16

Domino's Pizza, Hot
Veggie, Fresh Fruit
& Veggies

Breakfast Pizza or Cereal

17

Chicken Gravy over
Mashed Potatoes,
Roll, Fresh Fruit &
Veggies

UBR Bar or Cereal

18

Mac N Cheese
w/Ham, Fresh Fruit
& Veggies

No School!
Enjoy the
weekend!

19

Fruit Frudel or Cereal

22

Pasta w/Meatsauce,
Breadstick, Fresh
Fruit & Veggies

Muffin or Cereal

23

Breakfast for Lunch:
French Toast,
Scrambled Eggs,
Bacon or Sausage
Fresh Fruit & Veggies

Pancake on a Stick or Cereal

24

Hamburger &
Country Gravy,
Mashed Potatoes,
Roll, Fresh Fruit &
Veggies

French Toast Sticks or Cereal

25

Pulled Pork
Sandwiches, Baked
Beans, Tater Tots,
Fresh Fruit & Veggies

No School!
Enjoy the
weekend!

26

Benefit Bar or Cereal

29

Beef & Bean
Burrito, Refried
Beans, Fresh Fruit
& Veggies

Bagel w/Cream Cheese or
Cereal

30

Domino's Pizza, Hot
Veggie, Fresh Fruit &
Veggies

Sausage/Biscuit Sandwich or
Cereal

31

Chicken Nuggets
Mashed Potatoes w/
Gravy, Roll, Fresh
Fruit & Veggies

DID YOU KNOW...

JANUARY IS NAMED AFTER THE ROMAN GOD JANUS,
WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS.
HE LOOKED BACK TO THE LAST YEAR AND FORWARD
TO THE NEW ONE.

Meal Prices

| | |
|----------------|--------|
| K-5 Breakfast | \$1.25 |
| 6-12 Breakfast | \$1.50 |
| Student Lunch | \$2.35 |
| Adult Lunch | \$3.00 |

Free and Reduced pricing is available. Applications are available in the office

Alternative Entrée offered daily!
Choice of Milk, Fresh Fruit and Veggies served daily!

Menu is subject to change based on availability

School News

Online payments are available. Please visit your parent portal for details.

Questions or Concerns?
Please call your school manager: Vickie Fuselier at 719-784-6303 Ext 2507

Christmas Break will be from December 24th through January 5th. We will see you in the new year! Enjoy your break!

This institution is an equal opportunity provider